

VCCL Results - parkrun 2022

Race 10

Saturday, 2 July, 2022

parkrun

Place	Name	#	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
1	Shane Ezard	228	5	18:45	25	3:45	0:00	15:00	0:00		3:45
2	Les Williams	93	5	19:57	28	4:15	0:18	15:24	0:24		3:59
3	Rob Haala	313	5	17:41	12	1:50	0:21	15:30	0:30		3:32
4	Martine Beer	83	5	20:40	33	5:00	0:00	15:40	0:40		4:08
5	Fraser Murray	191	5	20:57	34	5:10	0:03	15:44	0:44		4:11
6	Matt Grant	231	5	17:15	8	1:15	0:06	15:54	0:54		3:27
7	Mark Andrews	144	5	18:24	15	2:15	0:00	16:09	1:09		3:41
8	Adina Morrow	273	5	22:20	39	5:55	0:10	16:15	1:15		4:28
9	Russell Johnson	30	5	23:26	41	6:10	0:54	16:22	1:22		4:41
10	Irene James	60	5	25:27	60	9:00	0:00	16:27	1:27		5:05
11	Francis Dowdle	369	5	17:34	5	0:45	0:00	16:49	1:49		3:31
12	Craig Harris	343	5	19:53	20	3:00	0:00	16:53	1:53		3:59
13	Gary Blake	320	5	25:34	50	7:30	0:27	17:37	2:37		5:07
14	Richard Polkinghorne	61	5	21:13	19	2:55	0:00	18:18	3:18		4:15
15	Wayne James	119	5	23:51	36	5:25	0:00	18:26	3:26		4:46
16	Glenn Sullivan	280	5	22:40	26	3:55	0:13	18:32	4:27		4:32
17	Mark O'Brien	33	5	32:43	51	7:40	1:00	24:03	9:03		6:33
18	Luke Critchley	321	5	32:37	37	5:35	1:30	25:32	10:32		6:31